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Headteacher Miss Lynn Black



Dear Parent/Carer

Covid-19 Update – 20th May 2021

Today I am pleased to report again that we have had no further cases or the need to isolate any more students or staff. I will provide a further update tomorrow before we break for the weekend.

Further to the letter issued this morning from Fiona Robertson, Executive Director, I can confirm that we will be delighted to welcome back all pupils, including S1 and S2 on Wednesday 26th May. The decision to move to remote learning was not easy, particularly so quickly after our return in April. However, health and safety is a priority and I would like to thank you and the staff team for adapting quickly to this situation.

I am in total admiration of our senior phase pupils who are experiencing the most challenging of times. All of the team are on hand to offer support and reassurance as they navigate their way from one assessment to the next. It's really important for them also to have some down time over the next four days to recharge ready for next week. We have been tweeting links to various ways to cope with anxiety and stress during this period and I have included two links that may be of help over the coming weeks.

[Mental Health Infographics - Sports and Mental Fitness - BelievePerform](#) : This website offers a variety of strategies to support mental health and wellbeing and not just from a sporting perspective.

[Dr Tina Rae - YouTube](#) : Teens and Tweens; a series of short videos to offer guidance on managing many aspects of teenage life.

As always, please get in touch if you require any further information.

Best wishes

L Black

Lynn Black
Headteacher